

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

**1**

- Main Entrees**
- Golden Grahams Cereal Bar
  - Honey Graham Crackers
  - Unsweetened Applesauce
  - Apple Juice
  - Low Fat Mozzarella String Cheese
- Milk & Condiments**
- 1% Low-fat Milk
  - Chocolate Skim Milk
- Fruit & Vegetable Bar**
- Apple Juice



**4**

- Main Entrees**
- Less Sugar Cinnamon Toast Crunch Bowl
  - Honey Graham Crackers
  - Unsweetened Applesauce
  - Apple Juice
- Milk & Condiments**
- 1% Low-fat Milk
  - Chocolate Skim Milk
- Fruit & Vegetable Bar**
- Apple Juice

**5**

- Main Entrees**
- Fruity Cheerios Cereal Bar
  - Honey Graham Crackers
  - Unsweetened Applesauce
  - Apple Juice
- Milk & Condiments**
- 1% Low-fat Milk
  - Chocolate Skim Milk
- Fruit & Vegetable Bar**
- Apple Juice

**6**

- Main Entrees**
- Lucky Charms Cereal Bowl
  - Honey Graham Crackers
  - Unsweetened Applesauce
  - Apple Juice
- Milk & Condiments**
- 1% Low-fat Milk
  - Chocolate Skim Milk
- Fruit & Vegetable Bar**
- Apple Juice

**7**

- Main Entrees**
- Cocoa Puffs Cereal Bar
  - Honey Graham Crackers
  - Unsweetened Applesauce
  - Apple Juice
- Milk & Condiments**
- 1% Low-fat Milk
  - Chocolate Skim Milk
- Fruit & Vegetable Bar**
- Apple Juice

**8**

- Main Entrees**
- Golden Grahams Cereal Bar
  - Honey Graham Crackers
  - Unsweetened Applesauce
  - Apple Juice
- Milk & Condiments**
- 1% Low-fat Milk
  - Chocolate Skim Milk
- Fruit & Vegetable Bar**
- Apple Juice

**11**

- Main Entrees**
- Less Sugar Cinnamon Toast Crunch Bowl
  - Honey Graham Crackers
  - Unsweetened Applesauce
  - Apple Juice
- Milk & Condiments**
- 1% Low-fat Milk
  - Chocolate Skim Milk
- Fruit & Vegetable Bar**
- Apple Juice

**12**

- Main Entrees**
- Fruity Cheerios Cereal Bar
  - Honey Graham Crackers
  - Unsweetened Applesauce
  - Apple Juice
- Milk & Condiments**
- 1% Low-fat Milk
  - Chocolate Skim Milk
- Fruit & Vegetable Bar**
- Apple Juice

**13**

- Main Entrees**
- Lucky Charms Cereal Bowl
  - Honey Graham Crackers
  - Unsweetened Applesauce
  - Apple Juice
- Milk & Condiments**
- 1% Low-fat Milk
  - Chocolate Skim Milk
- Fruit & Vegetable Bar**
- Apple Juice

**14**

- Main Entrees**
- Cocoa Puffs Cereal Bar
  - Honey Graham Crackers
  - Unsweetened Applesauce
  - Apple Juice
- Milk & Condiments**
- 1% Low-fat Milk
  - Chocolate Skim Milk
- Fruit & Vegetable Bar**
- Apple Juice

**15**

- Main Entrees**
- Golden Grahams Cereal Bar
  - Honey Graham Crackers
  - Unsweetened Applesauce
  - Apple Juice
- Milk & Condiments**
- 1% Low-fat Milk
  - Chocolate Skim Milk
- Fruit & Vegetable Bar**
- Apple Juice

**18**

- Main Entrees**
- Less Sugar Cinnamon Toast Crunch Bowl
  - Honey Graham Crackers
  - Unsweetened Applesauce
  - Apple Juice
- Milk & Condiments**
- 1% Low-fat Milk
  - Chocolate Skim Milk
- Fruit & Vegetable Bar**
- Apple Juice

**19**

- Main Entrees**
- Fruity Cheerios Cereal Bar
  - Honey Graham Crackers
  - Unsweetened Applesauce
  - Apple Juice
- Milk & Condiments**
- 1% Low-fat Milk
  - Chocolate Skim Milk
- Fruit & Vegetable Bar**
- Apple Juice

**20**

- Main Entrees**
- Lucky Charms Cereal Bowl
  - Honey Graham Crackers
  - Unsweetened Applesauce
  - Apple Juice
- Milk & Condiments**
- 1% Low-fat Milk
  - Chocolate Skim Milk
- Fruit & Vegetable Bar**
- Apple Juice

**21**

- Main Entrees**
- Cocoa Puffs Cereal Bar
  - Honey Graham Crackers
  - Unsweetened Applesauce
  - Apple Juice
- Milk & Condiments**
- 1% Low-fat Milk
  - Chocolate Skim Milk
- Fruit & Vegetable Bar**
- Apple Juice

**22**

- Main Entrees**
- Golden Grahams Cereal Bar
  - Honey Graham Crackers
  - Unsweetened Applesauce
  - Apple Juice
- Milk & Condiments**
- 1% Low-fat Milk
  - Chocolate Skim Milk
- Fruit & Vegetable Bar**
- Apple Juice

<p><b>25</b></p> <p><b>Main Entrees</b></p> <ul style="list-style-type: none"> <li>• Less Sugar Cinnamon Toast Crunch Bowl</li> <li>• Honey Graham Crackers</li> <li>• Unsweetened Applesauce</li> <li>• Apple Juice</li> </ul> <p><b>Milk &amp; Condiments</b></p> <ul style="list-style-type: none"> <li>• 1% Low-fat Milk</li> <li>• Chocolate Skim Milk</li> </ul> <p><b>Fruit &amp; Vegetable Bar</b></p> <ul style="list-style-type: none"> <li>• Apple Juice</li> </ul>	<p><b>26</b></p> <p><b>Main Entrees</b></p> <ul style="list-style-type: none"> <li>• Fruity Cheerios Cereal Bar</li> <li>• Honey Graham Crackers</li> <li>• Unsweetened Applesauce</li> <li>• Apple Juice</li> </ul> <p><b>Milk &amp; Condiments</b></p> <ul style="list-style-type: none"> <li>• 1% Low-fat Milk</li> <li>• Chocolate Skim Milk</li> </ul> <p><b>Fruit &amp; Vegetable Bar</b></p> <ul style="list-style-type: none"> <li>• Apple Juice</li> </ul>	<p><b>27</b></p> <p><b>Main Entrees</b></p> <ul style="list-style-type: none"> <li>• Lucky Charms Cereal Bowl</li> <li>• Honey Graham Crackers</li> <li>• Unsweetened Applesauce</li> <li>• Apple Juice</li> </ul> <p><b>Milk &amp; Condiments</b></p> <ul style="list-style-type: none"> <li>• 1% Low-fat Milk</li> <li>• Chocolate Skim Milk</li> </ul> <p><b>Fruit &amp; Vegetable Bar</b></p> <ul style="list-style-type: none"> <li>• Apple Juice</li> </ul>	<p><b>28</b></p> <p><b>Main Entrees</b></p> <ul style="list-style-type: none"> <li>• Cocoa Puffs Cereal Bar</li> <li>• Honey Graham Crackers</li> <li>• Unsweetened Applesauce</li> <li>• Apple Juice</li> </ul> <p><b>Milk &amp; Condiments</b></p> <ul style="list-style-type: none"> <li>• 1% Low-fat Milk</li> <li>• Chocolate Skim Milk</li> </ul> <p><b>Fruit &amp; Vegetable Bar</b></p> <ul style="list-style-type: none"> <li>• Apple Juice</li> </ul>	<p><b>29</b></p> <p><b>Main Entrees</b></p> <ul style="list-style-type: none"> <li>• Golden Grahams Cereal Bar</li> <li>• Honey Graham Crackers</li> <li>• Unsweetened Applesauce</li> <li>• Apple Juice</li> </ul> <p><b>Milk &amp; Condiments</b></p> <ul style="list-style-type: none"> <li>• 1% Low-fat Milk</li> <li>• Chocolate Skim Milk</li> </ul> <p><b>Fruit &amp; Vegetable Bar</b></p> <ul style="list-style-type: none"> <li>• Apple Juice</li> </ul>
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**Menus Subject to Change** We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you have any concerns.

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

**1**

#### Main Entrees

- Muffin, Goldfish & Yogurt Fun Lunch
- Honey Graham Crackers
- Fresh Carrot Sticks
- Fresh Whole Apple Gala
- Low Fat Mozzarella String Cheese

#### Alternate Entrees

- Sunbutter & Grape Jelly Sandwich
- Fresh Whole Apple Gala
- Fresh Carrot Sticks
- Fresh Whole Apple Gala
- Low Fat Mozzarella String Cheese

#### Milk & Condiments

- 1% Low-fat Milk
- Chocolate Skim Milk
- Fresh Whole Apple Gala

#### Fruit & Vegetable Bar

- Apple Juice

**4**

#### Main Entrees

- Bagel, Yogurt and Cheese Fun Lunch
- Honey Graham Crackers
- Fresh Carrot Sticks
- Fresh Pear

#### Alternate Entrees

- Sunbutter & Grape Jelly Sandwich
- Honey Graham Crackers
- Fresh Carrot Sticks
- Fresh Pear

#### Milk & Condiments

- 1% Low-fat Milk
- Chocolate Skim Milk
- Fresh Pear

#### Fruit & Vegetable Bar

- Apple Juice

**5**

#### Main Entrees

- Ham & American Cheese Sub
- Honey Graham Crackers
- Fresh Carrot Sticks
- Fresh Whole Apple Gala

#### Alternate Entrees

- Sunbutter & Grape Jelly Sandwich
- Fresh Whole Apple Gala
- Fresh Carrot Sticks
- Fresh Whole Apple Gala

#### Milk & Condiments

- 1% Low-fat Milk
- Chocolate Skim Milk
- Spicy Brown Mustard Packet

#### Fruit & Vegetable Bar

- Apple Juice

**6**

#### Main Entrees

- Turkey and Cheddar Sandwich
- Honey Graham Crackers
- Fresh Carrot Sticks
- Fresh Banana

#### Alternate Entrees

- Sunbutter & Grape Jelly Sandwich
- Fresh Banana
- Fresh Carrot Sticks
- Fresh Banana

#### Milk & Condiments

- 1% Low-fat Milk
- Chocolate Skim Milk
- Spicy Brown Mustard Packet

#### Fruit & Vegetable Bar

- Apple Juice

**7**

#### Main Entrees

- Italian Hoagie
- Honey Graham Crackers
- Fresh Carrot Sticks
- Fresh Orange

#### Alternate Entrees

- Sunbutter & Grape Jelly Sandwich
- Fresh Orange
- Fresh Carrot Sticks
- Fresh Orange

#### Milk & Condiments

- 1% Low-fat Milk
- Chocolate Skim Milk
- Spicy Brown Mustard Packet

#### Fruit & Vegetable Bar

- Apple Juice

**8**

#### Main Entrees

- Muffin, Goldfish & Yogurt Fun Lunch
- Honey Graham Crackers
- Fresh Carrot Sticks
- Fresh Whole Apple Gala

#### Alternate Entrees

- Sunbutter & Grape Jelly Sandwich
- Fresh Whole Apple Gala
- Fresh Carrot Sticks
- Fresh Whole Apple Gala

#### Milk & Condiments

- 1% Low-fat Milk
- Chocolate Skim Milk
- Fresh Whole Apple Gala

#### Fruit & Vegetable Bar

- Apple Juice

**11**

#### Main Entrees

- Bagel, Yogurt and Cheese Fun Lunch
- Honey Graham Crackers
- Fresh Carrot Sticks
- Fresh Pear

#### Alternate Entrees

- Sunbutter & Grape Jelly Sandwich
- Honey Graham Crackers
- Fresh Carrot Sticks
- Fresh Pear

#### Milk & Condiments

- 1% Low-fat Milk
- Chocolate Skim Milk
- Fresh Pear

#### Fruit & Vegetable Bar

- Apple Juice

**12**

#### Main Entrees

- Ham & American Cheese Sub
- Honey Graham Crackers
- Fresh Carrot Sticks
- Fresh Whole Apple Gala

#### Alternate Entrees

- Sunbutter & Grape Jelly Sandwich
- Fresh Whole Apple Gala
- Fresh Carrot Sticks
- Fresh Whole Apple Gala

#### Milk & Condiments

- 1% Low-fat Milk
- Chocolate Skim Milk
- Spicy Brown Mustard Packet

#### Fruit & Vegetable Bar

- Apple Juice

**13**

#### Main Entrees

- Turkey and Cheddar Sandwich
- Honey Graham Crackers
- Fresh Carrot Sticks
- Fresh Banana

#### Alternate Entrees

- Sunbutter & Grape Jelly Sandwich
- Fresh Banana
- Fresh Carrot Sticks
- Fresh Banana

#### Milk & Condiments

- 1% Low-fat Milk
- Chocolate Skim Milk
- Spicy Brown Mustard Packet

#### Fruit & Vegetable Bar

- Apple Juice

**14**

#### Main Entrees

- Italian Hoagie
- Honey Graham Crackers
- Fresh Carrot Sticks
- Fresh Orange

#### Alternate Entrees

- Sunbutter & Grape Jelly Sandwich
- Fresh Orange
- Fresh Carrot Sticks
- Fresh Orange

#### Milk & Condiments

- 1% Low-fat Milk
- Chocolate Skim Milk
- Spicy Brown Mustard Packet

#### Fruit & Vegetable Bar

- Apple Juice

**15**

#### Main Entrees

- Muffin, Goldfish & Yogurt Fun Lunch
- Honey Graham Crackers
- Fresh Carrot Sticks
- Fresh Whole Apple Gala

#### Alternate Entrees

- Sunbutter & Grape Jelly Sandwich
- Fresh Whole Apple Gala
- Fresh Carrot Sticks
- Fresh Whole Apple Gala

#### Milk & Condiments

- 1% Low-fat Milk
- Chocolate Skim Milk
- Fresh Whole Apple Gala

#### Fruit & Vegetable Bar

- Apple Juice



<p><b>18</b></p> <p><b>Main Entrees</b></p> <ul style="list-style-type: none"> <li>• Bagel, Yogurt and Cheese Fun Lunch</li> <li>• Honey Graham Crackers</li> <li>• Fresh Carrot Sticks</li> <li>• Fresh Pear</li> </ul> <p><b>Alternate Entrees</b></p> <ul style="list-style-type: none"> <li>• Sunbutter &amp; Grape Jelly Sandwich</li> <li>• Honey Graham Crackers</li> <li>• Fresh Carrot Sticks</li> <li>• Fresh Pear</li> </ul> <p><b>Milk &amp; Condiments</b></p> <ul style="list-style-type: none"> <li>• 1% Low-fat Milk</li> <li>• Chocolate Skim Milk</li> <li>• Spicy Brown Mustard Packet</li> </ul> <p><b>Fruit &amp; Vegetable Bar</b></p> <ul style="list-style-type: none"> <li>• Apple Juice</li> </ul>	<p><b>19</b></p> <p><b>Main Entrees</b></p> <ul style="list-style-type: none"> <li>• Ham &amp; American Cheese Sub</li> <li>• Honey Graham Crackers</li> <li>• Fresh Carrot Sticks</li> <li>• Fresh Whole Apple Gala</li> </ul> <p><b>Alternate Entrees</b></p> <ul style="list-style-type: none"> <li>• Sunbutter &amp; Grape Jelly Sandwich</li> <li>• Fresh Whole Apple Gala</li> <li>• Fresh Carrot Sticks</li> <li>• Fresh Whole Apple Gala</li> </ul> <p><b>Milk &amp; Condiments</b></p> <ul style="list-style-type: none"> <li>• 1% Low-fat Milk</li> <li>• Chocolate Skim Milk</li> <li>• Spicy Brown Mustard Packet</li> </ul> <p><b>Fruit &amp; Vegetable Bar</b></p> <ul style="list-style-type: none"> <li>• Apple Juice</li> </ul>	<p><b>20</b></p> <p><b>Main Entrees</b></p> <ul style="list-style-type: none"> <li>• Turkey and Cheddar Sandwich</li> <li>• Honey Graham Crackers</li> <li>• Fresh Carrot Sticks</li> <li>• Fresh Banana</li> </ul> <p><b>Alternate Entrees</b></p> <ul style="list-style-type: none"> <li>• Sunbutter &amp; Grape Jelly Sandwich</li> <li>• Fresh Banana</li> <li>• Fresh Carrot Sticks</li> <li>• Fresh Banana</li> </ul> <p><b>Milk &amp; Condiments</b></p> <ul style="list-style-type: none"> <li>• 1% Low-fat Milk</li> <li>• Chocolate Skim Milk</li> <li>• Spicy Brown Mustard Packet</li> </ul> <p><b>Fruit &amp; Vegetable Bar</b></p> <ul style="list-style-type: none"> <li>• Apple Juice</li> </ul>	<p><b>21</b></p> <p><b>Main Entrees</b></p> <ul style="list-style-type: none"> <li>• Italian Hoagie</li> <li>• Honey Graham Crackers</li> <li>• Fresh Carrot Sticks</li> <li>• Fresh Orange</li> </ul> <p><b>Alternate Entrees</b></p> <ul style="list-style-type: none"> <li>• Sunbutter &amp; Grape Jelly Sandwich</li> <li>• Fresh Orange</li> <li>• Fresh Carrot Sticks</li> <li>• Fresh Orange</li> </ul> <p><b>Milk &amp; Condiments</b></p> <ul style="list-style-type: none"> <li>• 1% Low-fat Milk</li> <li>• Chocolate Skim Milk</li> <li>• Spicy Brown Mustard Packet</li> </ul> <p><b>Fruit &amp; Vegetable Bar</b></p> <ul style="list-style-type: none"> <li>• Apple Juice</li> </ul>	<p><b>22</b></p> <p><b>Main Entrees</b></p> <ul style="list-style-type: none"> <li>• Muffin, Goldfish &amp; Yogurt Fun Lunch</li> <li>• Honey Graham Crackers</li> <li>• Fresh Carrot Sticks</li> <li>• Fresh Whole Apple Gala</li> </ul> <p><b>Alternate Entrees</b></p> <ul style="list-style-type: none"> <li>• Sunbutter &amp; Grape Jelly Sandwich</li> <li>• Fresh Whole Apple Gala</li> <li>• Fresh Carrot Sticks</li> <li>• Fresh Whole Apple Gala</li> </ul> <p><b>Milk &amp; Condiments</b></p> <ul style="list-style-type: none"> <li>• 1% Low-fat Milk</li> <li>• Chocolate Skim Milk</li> <li>• Fresh Whole Apple Gala</li> </ul> <p><b>Fruit &amp; Vegetable Bar</b></p> <ul style="list-style-type: none"> <li>• Apple Juice</li> </ul>
<p><b>25</b></p> <p><b>Main Entrees</b></p> <ul style="list-style-type: none"> <li>• Bagel, Yogurt and Cheese Fun Lunch</li> <li>• Honey Graham Crackers</li> <li>• Fresh Carrot Sticks</li> <li>• Fresh Pear</li> </ul> <p><b>Alternate Entrees</b></p> <ul style="list-style-type: none"> <li>• Sunbutter &amp; Grape Jelly Sandwich</li> <li>• Honey Graham Crackers</li> <li>• Fresh Carrot Sticks</li> <li>• Fresh Pear</li> </ul> <p><b>Milk &amp; Condiments</b></p> <ul style="list-style-type: none"> <li>• 1% Low-fat Milk</li> <li>• Chocolate Skim Milk</li> <li>• Spicy Brown Mustard Packet</li> </ul> <p><b>Fruit &amp; Vegetable Bar</b></p> <ul style="list-style-type: none"> <li>• Apple Juice</li> </ul>	<p><b>26</b></p> <p><b>Main Entrees</b></p> <ul style="list-style-type: none"> <li>• Ham &amp; American Cheese Sub</li> <li>• Honey Graham Crackers</li> <li>• Fresh Carrot Sticks</li> <li>• Fresh Whole Apple Gala</li> </ul> <p><b>Alternate Entrees</b></p> <ul style="list-style-type: none"> <li>• Sunbutter &amp; Grape Jelly Sandwich</li> <li>• Fresh Whole Apple Gala</li> <li>• Fresh Carrot Sticks</li> <li>• Fresh Whole Apple Gala</li> </ul> <p><b>Milk &amp; Condiments</b></p> <ul style="list-style-type: none"> <li>• 1% Low-fat Milk</li> <li>• Chocolate Skim Milk</li> <li>• Spicy Brown Mustard Packet</li> </ul> <p><b>Fruit &amp; Vegetable Bar</b></p> <ul style="list-style-type: none"> <li>• Apple Juice</li> </ul>	<p><b>27</b></p> <p><b>Main Entrees</b></p> <ul style="list-style-type: none"> <li>• Turkey and Cheddar Sandwich</li> <li>• Honey Graham Crackers</li> <li>• Fresh Carrot Sticks</li> <li>• Fresh Banana</li> </ul> <p><b>Alternate Entrees</b></p> <ul style="list-style-type: none"> <li>• Sunbutter &amp; Grape Jelly Sandwich</li> <li>• Fresh Banana</li> <li>• Fresh Carrot Sticks</li> <li>• Fresh Banana</li> </ul> <p><b>Milk &amp; Condiments</b></p> <ul style="list-style-type: none"> <li>• 1% Low-fat Milk</li> <li>• Chocolate Skim Milk</li> <li>• Spicy Brown Mustard Packet</li> </ul> <p><b>Fruit &amp; Vegetable Bar</b></p> <ul style="list-style-type: none"> <li>• Apple Juice</li> </ul>	<p><b>28</b></p> <p><b>Main Entrees</b></p> <ul style="list-style-type: none"> <li>• Italian Hoagie</li> <li>• Honey Graham Crackers</li> <li>• Fresh Carrot Sticks</li> <li>• Fresh Orange</li> </ul> <p><b>Alternate Entrees</b></p> <ul style="list-style-type: none"> <li>• Sunbutter &amp; Grape Jelly Sandwich</li> <li>• Fresh Orange</li> <li>• Fresh Carrot Sticks</li> <li>• Fresh Orange</li> </ul> <p><b>Milk &amp; Condiments</b></p> <ul style="list-style-type: none"> <li>• 1% Low-fat Milk</li> <li>• Chocolate Skim Milk</li> <li>• Spicy Brown Mustard Packet</li> </ul> <p><b>Fruit &amp; Vegetable Bar</b></p> <ul style="list-style-type: none"> <li>• Apple Juice</li> </ul>	<p><b>29</b></p> <p><b>Main Entrees</b></p> <ul style="list-style-type: none"> <li>• Muffin, Goldfish &amp; Yogurt Fun Lunch</li> <li>• Honey Graham Crackers</li> <li>• Fresh Carrot Sticks</li> <li>• Fresh Whole Apple Gala</li> </ul> <p><b>Alternate Entrees</b></p> <ul style="list-style-type: none"> <li>• Sunbutter &amp; Grape Jelly Sandwich</li> <li>• Fresh Whole Apple Gala</li> <li>• Fresh Carrot Sticks</li> <li>• Fresh Whole Apple Gala</li> </ul> <p><b>Milk &amp; Condiments</b></p> <ul style="list-style-type: none"> <li>• 1% Low-fat Milk</li> <li>• Chocolate Skim Milk</li> <li>• Fresh Whole Apple Gala</li> </ul> <p><b>Fruit &amp; Vegetable Bar</b></p> <ul style="list-style-type: none"> <li>• Apple Juice</li> </ul>



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